

# 5K Race & Fun Run ♦ April 22, 2012

## Location & Time

Washington Adventist University Gym 7600 Flower Ave. 8:00 a.m.

Parking is accessible at the campus. Check-in Registration begins at 8:00 am and concludes at 8:30am.

## Beneficiary

Race proceeds go directly to the Growing Great Kids Worthy Student Fund. Funds raised help take away financial barriers from families who wish to be in a Christian environment but can't afford it. It is in our schools that children are shown kindness and what it means to be like Christ. It is in our schools that children are taught to live for a purpose.

## Participant Goals

Each participant is encouraged to find ten sponsors at twenty dollars for a total of \$200 per participant. Finding sponsors is not required or mandated for any participant to walk/run or participate in the day's event.

## Registration Information

The 5K & Fun Run is open to all runners, joggers and walkers. Fill out the attached entry form and mail to the address below, or fax to Larry Rich at (301) 434-4680. Additional entry forms may be obtained online at [www.sligoadventistschool.org](http://www.sligoadventistschool.org) under the Parent Resource page. Registration will also be held in the WAU gym on race day.



## 5K Run/Walk

Third-Eighth Grade, Staff, Community Runners  
Course: Race starts at the corner of Sligo Creek and Maple.

## Fun Run/Walk

K-Second Grade Runners  
Course: Race starts at the corner of Sligo Creek and Maple.

## Registration Fee

Adult—\$20.00 until **April 2, 2012**  
 Adult—\$25.00 after **April 2, 2012**  
 (no T-shirts will be guaranteed on day of race)  
 Child (ages 5-13) non SAS—\$10.00 until **April 22, 2012**  
 (Does not include shirt)  
 SAS students and children under 5 are FREE

## Awards

All participants who meet their \$200 goal will receive a Run/Walk Commemorative T-shirt!

For more information or to download more forms, please visit us on the web at: [www.sligoadventistschool.org](http://www.sligoadventistschool.org) under the Parent Resource page.

Credit Card registration may be faxed to (301) 434-4680. Checks may be mailed to the address below. May pay via website at [www.sligoadventistschool.org](http://www.sligoadventistschool.org) donate button. Payments accepted race day.



## First Annual Christian Education 5K & Fun Run OFFICIAL ENTRY FORM (Mail-In Deadline: April 2, 2012)

Mail form and checks made payable to:  
Sligo Adventist School, Attn: Treasurer's Office  
8300 Carroll Avenue, Takoma Park, MD 20912

RUNNER'S FIRST NAME

RUNNER'S LAST NAME

AGE

SEX

T-SHIRT SIZE

DATE OF ENTRY

AMOUNT PAID WITH THIS ENTRY

GRADE

HOMEROOM TEACHER

STREET ADDRESS OR BILLING ADDRESS FOR CREDIT CARD IF DIFFERENT

CITY

STATE

ZIPCODE

TELEPHONE NUMBER

METHOD OF PAYMENT CASH  CHECK  CHARGE  VISA  MC  EXPIRATION DATE /  AMOUNT TO CHARGE \$

CREDIT CARD NUMBER

NAME AS IT APPEARS ON CARD

3-DIGIT SECURITY CODE ON BACK OF CARD

SIGNATURE \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: fall, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Sligo Adventist School, the Potomac Conference of Seventh-day Adventists and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Please sign here (Parent must sign if participant is under 18 years of age)

Date Signed